



ATHLETES CODE OF CONDUCT

This code of conduct is for all athletes who will be participating at WKU K1 South Africa events.

The following Code of Conduct applies to all WKU K1 South Africa competitors:

1. To refrain from using any banned substances as mentioned in the Amateur Rulebook (*see "3. Doping" in the Amateur Rulebook*)
2. To always adhere to the rules, regulations, and policies of WKU K1 South Africa.
3. To refrain from unethical or unsportsmanlike actions and activities.
4. To treat the opposing team with respect and display a spirit of sportsmanship.
5. To avoid public criticism of athletes, coaches, officials, event organizers or competitors.
6. To maintain a high level of professionalism, which includes being timely and organized.
7. To always make the agreed weight division. However, irresponsible weight cutting must be avoided and proper precautions must be taken to ensure healthy weight cutting.
8. To refrain from any behaviour that places the image of WKU K1 South Africa in disrepute. This includes using inappropriate language on public platforms and being associated with anything that damages the image of the sport.
9. To demonstrate a respectful attitude to all individuals (including but not limited to, athletes, coaches, officials, staff and parents) regardless of their gender, ethnic origin, age, religion, beliefs or economic status.
10. To ensure that all competition equipment and uniforms are in good condition and according to the regulations (*see point 14 And 15 in the Amateur Rulebook*)
11. To refrain from behaviour that creates an intimidating, hostile or offensive environment. This includes any behaviour that can be considered as harassment of any nature.
12. To adhere to all the responsibilities as a WKU K1 South Africa athlete (*see "12. Competitor's Responsibilities" in the Amateur Rulebook*)
13. To have a firm understanding of all the rules and regulations.
14. To train hard for each competition and to ensure good physical condition is maintained.